

Mount Head restraint with 4 bolts leave slightly loose to allow adjustment. Make sure large washers are used on slots. Get driver to sit in seat making sure they are all the way in and sitting up. Adjust head restraint to suitable height, so it does not obstruct the drivers peripheral vision. When in position tighten bolts.



Mount shoulder restraints, using 2 bolts on each leave slightly loose to allow adjustment. Make sure large washers are used on slots. Get driver to sit in seat with arms as they would with hands on steering wheel in car. Adjust shoulder restraints to be firm against drivers shoulders. When in position tighten bolts.



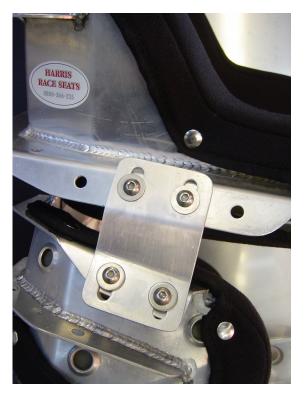


janet@harrisracecars.co.nz www.harrisracecars.co.nz



Adjusting Seat to driver





Once the Head and Shoulder restraints have been adjusted and all bolts tightened you need to fit slotted joiner plates as per photos. You may need to bend/fold these plates to suit.



janet@harrisracecars.co.nz www.harrisracecars.co.nz

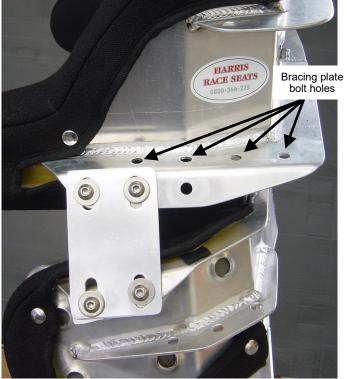


Bracing Head and Shoulder restraints to roll cage If you are unsure about any part of the mounting and bracing contact Harris Race Cars.



Mount the seat body into the car, as per the SNZ rules for your class.

You may need to trim some of the bracing on the back of the Head restraint to get the seat back in position on smaller cars.



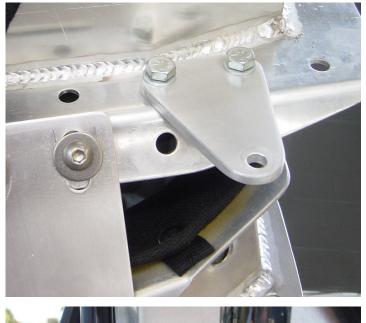
Head restraint must be braced to the roll cage to give maximum support. Use two mounting holes (shown in photo) to bolt your plates onto. You will need 5/16" (8mm) bolts and lock nuts.

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Bracing Head restraint to roll cage If you are unsure about any part of the mounting and bracing contact Harris Race Cars.



You will need to make some aluminium plate braces to suit your particular requirements.

Brace plate thickness will be determined by their length. Short brace plates, up to 75mm long, need to be a minimum of 3mm Aluminium plate, longer brace plates need to be a minimum of 5mm Aluminium plate.



Weld tags to roll cage. Bolt brace plates onto Head restraint and roll cage tags with 5/16" (8mm) bolts.

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1057 Scenic Drive North, Swanson, Auckland Phone: 0800-366-225 E-Mail: janet@harrisracecars.co.nz www.harrisracecars.co.nz